



## Eye Monitoring Program

Taking care of your vision

### Welcome to Kaiser Permanente Southern California's Eye Monitoring Program

#### Plaquenil

Plaquenil, also known as hydroxychloroquine, is a medication usually prescribed by your physician for the treatment of systemic lupus erythematosus, rheumatoid arthritis, and other autoimmune and dermatologic conditions.

#### Plaquenil Screening

It is generally a very safe medication. Most patients can be on the medication for decades without any problems. Rarely it can cause damage to the eyes. With advanced testing, we can detect early damage even before it causes any noticeable changes to the eyesight of the patient.

### Frequently Asked Questions

#### Who is at risk?

- Patients with long-term use, more than 5 years
- Age-related
- Patients with kidney or liver disease
- Patients with retinal disease

#### What are the symptoms?

The earliest changes do not cause any symptoms. The goal is to detect these before you develop symptoms. At the more advanced stages, there can be blurred central vision.

#### What can I do to prevent vision damage?

Screening for early damage is the most important step you can take. If we can detect damage at its earliest stage through screenings, further damage can be avoided without any noticeable changes in vision for the patient.

#### When will I be due for a visit?

About 2 months before your birth month you will be contacted to schedule an EMP visit.

#### What will my visit include?

During your visit a Technician will provide a test of your vision as well as an OCT scan of your eyes.



**Call the Eye Monitoring Program at 1-855-878-6404.**

Our staff will be pleased to speak with you, answer your questions, and coordinate a visit if one is needed.

